



## ***Bienvenido Timeline and Bienvenido Program Accomplishments 2002 -***

**December 2002** – NEC received grant from the Celebrate Diversity Project to develop culturally appropriate group with adolescent consumers.

**June 2002** – NEC conducted mental health needs assessment in Ligonier, IN with three Latino adolescents. View needs assessment results at [www.nec.org](http://www.nec.org)

**August 2002** – NEC developed mental health matrix for developing mental health programs for Latinos. Matrix allowed NEC to look at community building and community empowerment as a short-term, mid-term, and long-term process. The matrix is a guide for work with the Latino community.

**Fiscal Year 2002 – 174 Latinos served at NEC.**

**February 2003** – NEC receives grant from the Celebrate Diversity Project to conduct community mobilization meetings to enhance awareness of needs that exist within the community and provide a forum for community to express, identify and process needs.

**April 2003** – NEC receives Celebrate Diversity Project grant to develop Bienvenido classes with members of the community. Grant dollars serve as start-up monies for the development of the Bienvenido Program.

**2002-2003** – NEC staff worked with consumers and community members to design Bienvenido lessons. Meetings were held with key stakeholders to share results of mental health needs assessment.

**May 2003** - Presentation at the National Association of Rural Mental Health Conference, Boulder, CO.

**October 2003** – Bienvenido Program was implemented at LEAP of Noble County. 31 participants participated in the program. Participants completed Multiethnic Identity Scale and Goshen College social work students helped tabulate data and interpret results.

**2003** – NEC hires additional bilingual therapist and bilingual administrative assistant.

**Fiscal Year 2003 – 237 Latinos served at NEC.**

**April 2004** – NEC launches Bienvenido Facilitator Training Program with leaders from across NE Indiana. Agencies such as Immigration and Naturalization, Goshen Human Relations, Communities in Schools, Waterford Mennonite, Goshen College retired professor, Center for Healing and Hope, Center for Problem Resolution, LEAP, and Celebrate Diversity Project participated in the training. 31 individuals participated in the training.

**April 2004** – The Bienvenido Program is featured on UNIVISION, Indianapolis with Marco Domínguez. A 15 minute interview was conducted on the goals of the Bienvenido Program.

**Spring 2004** – NEC launches Bienvenido Program at Ligonier Outpatient Office.

**August 2004** – NEC hires bilingual case manager to support Ligonier Outpatient work and Bienvenido group facilitation in Ligonier.

**September 2004** – Presentation at the Mexican General Consulate, Chicago, IL.

**October 2004:** Presentation at the International Mental Health Conference, Chicago, IL.

**2004 – 2005:** Two articles were published: National Association of Rural Mental Health Journal (Winter 05 and National Association of Social Workers, Special Practice Section, School Social Work Newsletter, Summer 05).

**Fiscal Year 2004 – 274 Latinos served at NEC.**

**April 2005** – Workshop presentation at the National Association of Social Workers - Indianapolis.

**Spring 2005** – Article on the Bienvenido Program published in the Indiana Minority Health Coalition Lifestyle Magazine.

**July 2005** – NEC creates the Latino Behavioral Health Department. The department is responsible for developing further programming for Latino services agency wide at NEC. Additional staff time is allotted for case manager and administrative assistant to offer support.

**November 2005** – NEC launches Inaugural Latino Behavioral Health Summit. Keynote speakers are from Fresno State University, National Institute of Mental Health, National Autonomous University of Mexico, Senior Advisor on Hispanic/Latino Affairs, Governor Mitch Daniels Office.

**2005** - NEC met with the Director of Policy and Data at the Office of Minority Health, US Department of Health and Human Services, to discuss the creation of the Bienvenido Program. Counsel was given by Dr. Teresa Chapa, Ph.D., that NEC should conduct a formal program evaluation in order to better understand outcomes measures.

**June 2005:** Presentation at the National Alliance for the Mentally Ill Conference, Austin, TX.

**Fiscal Year 2005 – 374 Latinos served at NEC.**

**January 2006** – NEC creates the Bienvenido Working Group. The members of the working group are NEC administrators and support staff: Chief Operating Officer, Accountant, Marketing Director, Outpatient Director, Administrative Assistant, and Bienvenido Program Director.

**January 2006** – NEC launches the **Bienvenido Fund**. The purpose of the Bienvenido Fund is to identify individual and corporate donors who want to sponsor Bienvenido programming.

**March 2006** – May 2006 – NEC launches the Social Skills/Soccer Program with 4<sup>th</sup> graders at West Noble Elementary and Ligonier Elementary. A total of 145 students participate in learning how to better play on the soccer field and learn soccer skills.

**April 2006:** NEC is nominated by the Division of Mental Health and Addiction to participate in the Services to Science Academy in St.Paul/Minneapolis, MN. The Bienvenido Program Logic Model was created at this time.

**June 2006** – The Bienvenido Program was featured on a national teleconference with the Substance Abuse and Mental Health Services National Teleconference, Addressing Stigma and Discrimination in Rural Communities.

**July 2006** – NEC created the Bienvenido Advisory Committee made up community stakeholders and consumer. The purpose of the advisory committee is to provide NEC with counsel on direction of the Bienvenido Program.

**July 2006** – April 2007 – NEC contracts with program evaluator from the University of Texas Health Science Center, San Antonio, TX to formally evaluate the Bienvenido Program. Evaluation results can be viewed at [www.nec.org](http://www.nec.org)

**August 2006** – NEC conducted two Bienvenido Facilitator Trainings with leaders from Northeast Indiana and Michigan.

**September 2006** – NEC launched the Ligonier Community Dialogues. The dialogues serve the purpose of bringing Bienvenido Program participants and community residents to discuss issues affecting their community.

**September 2006** – NEC participates in the Latino Behavioral Health Institute Conference in Los Angeles, CA. NEC is invited to participate in a special meeting with Latino mental health administrators from across the country. NEC is invited to serve on a

national coalition of mental health centers whose purpose is to define mental health agenda for Latinos.

**October 2006** – Presentation at the National Association of Social Workers-Indiana Chapter Annual Conference (2006).

**2006** – NEC hires bilingual LPN to help serve Latinos who receive medication services at NEC.

**Spring 2006** - Over 200 participants have completed the Bienvenido Program

- 88% feel the Bienvenido Program has helped them adjust to their new community.
- 85% report they have obtained new life skills upon completing the program.
- 95% report that the program helped them process their migration experience.

**October 17, 2006:** NEC received a letter of support from Senator Evan Bayh congratulating it for its effort at bringing together community stakeholders for the Latino Behavioral Health Summit to be held in November 2006.

**November 2006** – NEC held its 2<sup>nd</sup> Annual Latino Behavioral Health Summit. Keynote speakers were from National Institute of Mental Health, University of Michigan, Senator Evan Bayh Outreach Liaison, Senator Richard Lugar, Hispanic Outreach Liaison, Honorable Matthew Bell, Noble County Legislator.

**Fiscal Year 2006 – 391 Latinos served at NEC.**

**July – August 2007:** NEC conducted Bienvenido Facilitator Training for Learning Generation Initiative students from Elkhart, IN.

**2007** – NEC Executive Committee agreed to conduct an agency wide cultural competency self-assessment. Results can be obtained by Quality Improvement Coordinator at [kmartinez@nec.org](mailto:kmartinez@nec.org)

**March 2007** – NEC conducted a workshop at the Indiana Department of Education Annual Conference, Indianapolis.

**April 2007** – Bienvenido Program evaluation is completed. Evaluation implementation steps can be viewed at [www.nec.org](http://www.nec.org)

**2007** – NEC received letter from Senator Richard Lugar applauding its effort to evaluate the Bienvenido Program and support the Latino community with mental health services.

**June 2007** – NEC conducted a workshop at the University of Southern Indiana, Social Work Institute highlighting the Bienvenido Program and community initiatives.

**July 2007** – NEC serves as one of three panel members on the UNIVISION Health Program sponsored by the Indiana State Department of Health. Bienvenido Program topic of alcohol is addressed in the health program.

**September 2007** – NEC is invited by Cambridge Health Alliance and Harvard Medical School to participate in a research grant proposal being submitted to the National Institute of Health. If accepted NEC will participate as a consensus panel member in Washington, D.C. It is expected that NEC will contribute knowledge gained by implementing the Bienvenido Program with adolescents.

**September 2007** – NEC conducted depression screening at the Hispanic/Latino Health Coalition of Elkhart County, Elkhart, IN. Over 65 Latinos are screened. Over 1400 Latinos were present for the health fair.

**October 2007** - NEC announces in its quarterly newsletter (October 2007) it received notification from the Division of Mental Health and Addiction, Indiana that it will sponsor Bienvenido Facilitator Trainings for its 31 community mental health center's (CMHC'S) in Indiana. CMHC'S who have bilingual staff are encouraged to participate. Newsletters can be viewed at [www.nec.org](http://www.nec.org)

**November 2007** – NEC held its 3<sup>rd</sup> Annual Latino Behavioral Health Summit. Keynote speakers were from the University of Notre Dame, Indiana State Health Department, University of Texas Health Science Center, and NEC. 110 participants attended the summit.

**November 2007** – NEC hires additional bilingual therapist to work at Ligonier Outpatient Office.

**November 2007** – NEC receives award from Clarian Health on Excellence in Health Care for Latinos. Clarian Health awards one agency statewide who is reaching out to the Latino community in health and mental health. The award can be viewed at [www.nec.org](http://www.nec.org)

**Fiscal Year 2007 – 381 Latinos Served at NEC.**

**January - February 2008** – Seven Bienvenido groups are launched in Northeast Indiana. Locations: Learning Generation (Elkhart, Goshen, LaGrange), St. Patrick's Catholic Church, LEAP of Noble County, Hispanic Latino Health Coalition, NEC. 82 Latino immigrants are engaged in Bienvenido classes.

**February 2008** – NEC receives grant from the Celebrate Diversity Project to train Latino pastors in Noble County. Five Latino churches will participate in NEC's 2 day training and 18 Bienvenido student manuals.

**February 2008** – NEC receives Bienvenido support statements from the National Association of Social Workers – Indiana, Cambridge Health Alliance and Harvard

Medical School, National Latino Behavioral Health Association, and the Division of Mental Health and Addiction, Indiana.

**March 2008** – NEC conducted a Bienvenido Facilitator Training with 13 community residents from Northeast Indiana. Participants are Learning Generation Initiative students from Elkhart, IN.

**March 2008** – NEC launched the Bienvenido Facilitator Network. The network is comprised of individuals who have completed the Bienvenido Facilitator Training. The purpose of the network is to provide moral support and learn from each other regarding implementation. The network has eight active members from Northeast Indiana.

**March 2008** – NEC launched the Bienvenido Program at Freedom Wire, Inc. A total of 14 Latina women are participating in the Bienvenido Program. The program is being facilitated by NEC female bilingual therapist.

**April 2008** – NEC conducted a Bienvenido Facilitator Training with 13 participants from community mental health centers, health centers, and domestic violence agencies in Indianapolis. Training was sponsored by the Division of Mental Health and Addiction.

**April 2008** – NEC is invited to be a part of the Community Defined Evidence Based Project directed by the National Latino Behavioral Health Association. NEC will serve on the Community Steering Group. The purpose of the project is to increase access of mental health services with Latinos in the US.

**April 2008** – NEC received notification from the National Prevention Network informing it had accepted NEC's proposal to present at their national conference in August 2008 in Indianapolis, IN. The presentation will highlight Bienvenido Program evaluation results.

**May 2008** – NEC was invited to serve as one of four consultants in the Latino Faith Based Conference held in St. Paul, MN sponsored by the Center for the Application of Prevention Technologies (CAPT), Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration. The Bienvenido Program was introduced to leaders from Minnesota.

**May 2008** – NEC holds its first Bienvenido Gathering. The Gathering brings former participants and facilitators together to present their experiences with the Bienvenido Program to community members and church leaders. Over 35 participants are present and Central CAPT visitors present keynote speech on substance abuse prevention.

**May 2008** – NEC gathers 25 Latino religious leaders to a community dialogue to discuss substance abuse needs in the Latino congregations. Leader's share they would like to continue to gather periodically and that more work should be done together.

**July 2008** – NEC partners with the Indiana Minority Health Coalition and Univisión Indianapolis to film five Spanish mental health segments that will be aired in Central

Indiana. All mental health segments chosen are topics covered in the Bienvenido Program.

**Fiscal Year 2008 – 322 Latinos Served at NEC.**

**September 2008** – NEC hires additional Latina clinical social worker to serve Latino consumers at Ligonier Outpatient Office. NEC now has four bilingual therapists, bilingual LPN, and bilingual administrative assistant.

**September 2008** – NEC conducts a workshop on depression in the Latino community for the Latino Coalition Against Sexual and Domestic Violence. A Bienvenido Facilitator co-presents with NEC and shares of her recovering from depression.

**September 2008** – NEC partners with the Hispanic/Latino Health Coalition of Elkhart County to conduct depression screenings. Over 70 individuals are screened for depression. 1600 Latinos are served at the health fair.

**September 2008** – NEC conducts Bienvenido Facilitator Training in Baltimore, MD at the Baltimore Medical System, Inc. Nine mental health promoters are trained in the Bienvenido curriculum. For the first time the Bienvenido Program is presented outside of Indiana and will attempt to be implemented in an urban setting versus the rural setting.

**October 2008** – NEC presents a workshop at the National Association of Social Workers Indiana Chapter on Latino mental health leadership development. A Bienvenido Facilitator co-presents with NEC.