



For additional information, please call:
(260) 281-2306
www.nec.org

Located on DeKalb C.R. 22 off U.S. 6 near the
Noble-DeKalb county line.



DISCHARGE PLANNING FROM THE START

CARS staff maintains close contact with referral agency, family, and schools, to begin working toward the client's discharge plan from day one. Reunification with family is always our team's primary goal and many opportunities are available for families to help this process along, including attendance at treatment review meetings and support groups.

FUNDING OPTIONS

Northeastern Center accepts payment for services through Medicaid, private insurance, family contributions, Departments of Child Services, Probation, and Educational Districts.

Contact the billing department of Northeastern Center at (260) 347-2453 for more information.

NORTHEASTERN CENTER

*Help for Today
Hope for Tomorrow*



Accredited by CARF
(Commission on Accreditation of Rehabilitation Facilities)

No person shall, on the grounds of race, color, religion, sex, age, handicap, national origin, or ancestry, be excluded from participation in, be denied the benefit of, or be otherwise subjected to discrimination under any program or activity of Northeastern Center, Inc.



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CHILD AND ADOLESCENT RESIDENTIAL SERVICES MISSION

Northeastern Center's Child and Adolescent Residential Services (CARS) is committed to providing services to children and adolescents who exhibit any of the following:

- Developmental Needs
- Emotional Needs
- Social Needs
- Educational Needs
- Family Needs
- Mental Health Needs

Currently, the CARS facility is able to house 10 males providing around the clock supervision from a staff of caring, trained professionals concentrating on a cognitive/behavioral and strength-based program. The program accepts referrals from numerous sources including the court system, probation, schools, offices of Family and Children Services, as well as private families. Both emergency short-term shelter and long-term residential treatment can be provided. CARS is licensed to provide services for boys ages 6 to 20. Consumers within that age range will be considered on an individual basis for eligibility.

SPECIAL PROGRAMS

The **Growing Young Minds** program utilizes the 64 acre rolling landscape and lake for a sustainable agriculture/outdoor education program that teaches many life and social skills in addition to helping clients develop respect for local ecological systems. It also provides clients with a sense of purpose, and tools to act as socially and ecologically responsible citizens in individual, familial, and social contexts.

The **Healing Through the Arts** program has a holistic, strengths-based approach from which clients can develop skills and techniques for therapeutic self-expression in various artistic forms.

Other structured programming is provided to teach life skills, develop relationships, and build social skills appropriate for adolescents.

KEY PROGRAM POINTS

- A holistic approach to meeting client's needs— mental, emotional, spiritual, and physical.
- It is the only residential program of its kind in the four county area (Noble, DeKalb, Steuben, Lagrange).
- Psychiatrist, Registered Nurse, Masters Level Clinician on-call at all times.
- Clinicians on-site to assist clients in activities of daily living, monitor medications, and coordinate care with other service providers in compliance with treatment plans designed under the direction of Northeastern Center's Chief Medical Officer.
- Family Assessment Skills Training Program to assist families and residents in developing the skills needed to address relational, mental health and emotional/ behavioral issues.
- Ongoing Parent Support Program in which families spend time with their children and clinicians.
- Emergency coverage provided by 24/7 on-call staff.
- Recreational and physical activities both on and off site (i.e. YMCA, martial arts, fishing, gardening, sports, music/arts groups)
- Individual, Family, and Group Therapy available.
- After-school programs to provide peer group therapy available at outpatient clinics.
- School-based case management and homework groups available to assist clients with educational goals.

CONTINUITY OF CARE

As part of Northeastern Center, Child and Adolescent Residential Services is able to offer seamless movement through the continuum of care. This is accomplished by using a comprehensive, multi-disciplinary treatment plan. The entire treatment team including the client, parents/guardians, CARS staff, outpatient therapist, and placing agency meet at least every 90 days to review the treatment plan and resident's overall progress.

EDUCATION

Each resident at CARS is provided with an individualized education plan developed jointly with education providers, family, and the NEC treatment team. Every effort is made for residents to remain in their own community school in order to maintain the most stability. When that is not possible, an individualized plan is made for the student, including the option of attending DeKalb Public Schools, or a school within county of residence.

Staff assist clients in developing various skills that lead to success in school. Staff are in constant communication with teachers and school authorities to monitor progress and success. After-school sessions are provided at CARS to ensure students meet their educational goals. Students with nontraditional educational plans are provided with needed services such as modified days and home-based schooling.

